

Alamo Area Aquatic Association



www.aaaa-sa.org



Meet Information

Posted: 02/03/23

Updated: 3/8/23 (with Official's link)

Sanction: ST-23-25

Meet: 20th Annual Cinco de Mayo International Swimming Invitational (LCM)

This competition is sanctioned by USA Swimming
Timed Final Age Group competition for "B" and faster swimmers
Age six (6) is minimum for participation

Dates: Friday, Saturday and Sunday, May 5, 6 and 7, 2023

Sanction Number: ST-23-25

Venue: Bill Walker Pool
NEISD Aquatic Center
12002 Jones-Maltsberger Road at Starcrest Drive or East Bitters Road
San Antonio, TX 78216
210-356-2925

Daily Schedule:

	■ Friday, May Fifth	■ Saturday, May Sixth		■ Sunday, May Seventh	
	■ SESSION ONE	■ SESSION 2	■ SESSION 3	■ SESSION 4	■ SESSION 5
Coaches meet at	3:00	N/A	N/A	N/A	N/A
Warm-ups begin at	3:30	07:30	1:30	7:30	1:30
400-meter Check-ins	4:00				
Officials meet at	4:15	8:15	N/A	8:15	N/A
Push/Pull lanes 1-8 open at	4:30	8:30	2:30	8:30	2:30
Sprint lanes 0 & 9 open at	4:30	8:30	2:30	8:30	2:30
Clear pool at 4:50	8:50	2:50	8:50	2:50	
National Anthem at	4:55	8:55	2:55	8:55	2:55
Competition begins at	■5:00PM	■9:00AM	■3:00PM	■9:00AM	■3:00PM

Eligibility: This meet is open to all 2023 USA-S or FINA Registered swimmers who have achieved the minimum standards
The standards are the 2021 - 2024 USA Swimming National Motivational "B" times.

Format: The meet will be conducted in five (5) sessions over two-and-one-half days
Fly-over starts will be in use in all events except the backstroke, 400-meter freestyle and 400 IM
Swimmers may enter a maximum of six (6) events per day
Entries to ALL Sessions will be limited to 450 swimmers
However, in order to remain in compliance with the School District's COVID-19 restrictions on facility capacities, the host reserves the right to re-configure the sessions as may be required once all entries have been received.
All events, except the 400 Free and 400 IM, will be pre-seeded, by time, *mixed*; and swum *fastest to slowest*. 10 Heat limit for these two distance events.
The fastest five heats of the 400 free will be contested at the start of the Friday session. Heats 6 and higher will be contested after the conclusion of the 400 IM.

Facilities: The Bill Walker Pool opened in October of 2019 and is part of the North East School District's Blossom Center and is also known as the North East Stadium. It is an indoor facility with a ten-lane 50-meter racing course.
The course has been professionally certified IAW Article 104.2.2C(4) and copies of the data are on file

with USA Swimming.

Water depth:

- One-meter from start end 2.35m (7.7ft) ■ Five-meters from start end 2.41m (7.9ft)
- One-meter from turn end 1.52m (5.0ft) ■ Five-meters from turn end 1.55m (5.1ft)
- Mid-course 1.75m (5.7ft)

All automatic starting and timing with full digital scoreboard.

The eight-lane Davis Natatorium next door will be available for warm-up and cool down throughout the meet.

Ample deck seating for athletes and coaches.

Facility Rules, Regulations and Policies:

Deck changing is prohibited

Two-piece swim wear is prohibited

The presence or use of cell phones, smart phones or any other devices capable of producing audio recordings, photographic or video images in locker rooms, restrooms or changing areas is strictly and specifically prohibited at all times.

- There are no exceptions to this policy.

- Violators are subject to disqualification from the meet and removal from the facility

The presence of cell phones, smart phones, iPads, etc. anywhere behind the starting blocks is prohibited at all times during competition

Violators are subject to having their devices temporarily confiscated

Please review the graphic on page seven (7) regarding bags, purses, and back-packs

Photographers and videographers are specifically prohibited from the area immediately behind the starting blocks

Parents and other spectators are not permitted on-deck at any time for any reason

Flash photography of any sort is expressly forbidden at any time during competition

Standing in front of and / or leaning against the glass rails is expressly forbidden

Times noted on the scoreboard are never official and must not ever be regarded as such

Age up Date: The age of the swimmer is his / her age on May 5th, 2023

Liability: In granting a Sanction for this meet, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Alamo Area Aquatic Association (AAAA), the North East Independent School District (NEISD), and all meet officials shall be free from any liabilities for claims for damage arising by reason(s) of injuries to anyone during the conduct of this meet.

- Damage to the facility, when proven, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

Sanction: This meet has been sanctioned by South Texas Swimming and current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), and any relevant sections of the South Texas Policies and Procedures Manual will govern this meet.

- All swimmers must be registered as athletes for 2023 with USA Swimming by the meet start date.
- Athletes who register with USA Swimming after the meet entry deadline may deck enter the meet only if they can present their 2023 USA Swimming registration card – OR - a coach may present the club's official, watermarked roster from the USA Swimming club portal, or proof of membership using the USA Swimming Deck Pass app

South Texas Swimming does not permit on-deck USA Swimming registrations

Conduct of the sanctioned events shall conform in every respect to all technical and administrative rules of USA Swimming.

Cell Phone

Restrictions: The presence or use of cell phones, smart phones or any other devices capable of producing audio recordings, photographic or video images in locker rooms, restrooms or changing areas is strictly and specifically prohibited at all times.

There are no exceptions to this policy.

Violators are subject to disqualification from the meet, removal from the facility and arrest.

Swimmer

Photographs

And Videos: There may be one or more photographers and / or videographers on deck at this meet.

In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups.

Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present, are specifically prohibited from making shots during the start phase of any race.

Drones: Per USA Swimming Rule 103.13, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
Exceptions may be granted with prior written approval by the Program and Event Committee Chair or designee

Unaccompanied

Swimmers: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge.
It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Entry

Restrictions: All competitors must be currently (2023) registered with either USA Swimming OR FINA
Age as of May 5, 2023 will determine a swimmers age for the entire meet
Entry times should be submitted in long course meters
Swimmers may enter a maximum of six (6) events per day
Athletes ages six (6), seven (7) and eight (8) are allowed to participate ONLY in the 100-meter freestyle, the 50- meter freestyle, butterfly, backstroke and breaststroke
If entering with a non-confirming time (SCM or SCY), swimmers must enter at the LCM qualifying time for that age group

USA

Swimming

Registration: All swimmers, coaches, and officials participating in this competition must be *currently* (2023) registered with USA Swimming or FINA.
No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.
All swimmers should be prepared to present their USA Swimming ID Card
Or proof of membership using the USA Swimming Deck Pass app

- A coach may also present the club's official, watermarked roster from the USA Swimming club portal as proof of their registration to the Meet Director or designee at any time.
- Swimmers who **1)** late enter when possible; **2)** need to be late entered because of a clerical error by the entering team or, meet host; or **3)** are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming registration card.

Current national and LSC regulations do not allow for exceptions to these policies.

Qualifying

Times: The qualifying times for this meet are equal to or faster than the 2021 - 2024 National Motivational Top-16 Based "B" long course meter (LCM) times – please see the Order of Events on pages six (6) and seven (7)
Those time standards are also available on the USA Swimming Web Site (www.usa-swimming.org)
Entries received with seed times slower than the National "B" Standard will not be accepted and any submitted entry fees will not be refunded
There are no qualifying times for eight and under swimmers, however, they must nevertheless be entered with a seed time, i.e. No Time (NT) entries WILL NOT be accepted.
If entering with a non-confirming time (SCM or SCY), swimmers must enter at the LCM qualifying time for that age group

Entries

Open: **Entries open for AAAA Teams at 12:00 noon, Friday, April 21st, 2023**
Entries for all other teams open at 12:00 noon, Saturday, April 22nd, 2023

Entry

Deadline:
For ALL 12:00 noon, Monday, April 24th, 2023

Teams Full payment must be received by Tuesday, May 2nd, 2023

Late/Deck

Entries: Only to fill empty lanes
No new heats will be created and standbys will not be permitted

Entry

Procedures: The **only** acceptable mode of entry is via Hy-Tek Commlink File
A hard copy and Entry Fee Report must be included with your entry
If you have questions on this procedure contact Don Walker at the e-mail address noted below
A "HYV" File for Team Manager is available on the Club Meet Calendar Page of the AAAA Web Site
www.alamoareaquatics.com
Entries received without a seedtime (NT) **will not** be entered into this pre-seeded meet and any
submitted entry fees *will not* be refunded
Please be certain to confirm your acceptance into this meet prior to making your air and hotel
reservations.

Email

Entries: Entries in Commlink Format only, MUST be sent to: dmw15479@aol.com
The Commlink File must be renamed to clearly identify the entering team, the shorter the better
Athletes included in improperly identified Commlink Files (Cfile0X.cl2 or zfile00X.zip) will not be entered
into the meet and any entry fees will not be refunded
Athletes WILL NOT be entered into Meet Manager until the Meet Entry Report (hard copy) is received as
an attachment to the e-mail or hand-delivered to the meet director

FAX

Entries: Under no circumstances will entries be accepted via FAX

Entry Fees: \$12.00 per Individual event via Commlink, Includes the \$1.25 STSI Splash Fee
Late Entries: \$20.00 per Individual event to fill empty lanes only – no new heats will be created!
Facility fee \$10.00 per swimmer

Scratch

Rules: All events, except the 400 Free and 400 IM, will be pre-seeded and there is no penalty for scratching
(No Show) from an event.

Checks

payable to: San Antonio Nadadores
Mail checks to: ■Dr. Donald M. Walker
103 Broken Bough Lane
San Antonio, TX 78231-1203

Meet

Management:

■Meet Manager 8.0	■Meet Referee:	■Entries Chair:	■Administrative Referee:
■ Donald M. Walker	■ Didi Byerly	■ Donald M. Walker	■ Chad Capps
■ 210-861-0789	■ 361-549-8887	■ 210-861-0789	■ 210-563-3688
■ dmw15479@aol.com	■ didibyerly@aol.com	■ dmw15479@aol.com	■ chad.capps@yahoo.com

Warm-up information and Timing Assignments will be posted by Tuesday, May 3rd
Warm-ups will be conducted in accordance with the current STSI Policies and Procedures page eight (8)
The adjacent eight-lane Davis Natatorium will be available for constant warm-ups and cool-downs.
The Psych Sheet at www.aaaa-sa.org no later than 1200, Tuesday, May 3rd on
alamoareaquatics.com
Those assignments will be determined by the number of entrants and distance traveled

Special

Needs: Please notify the NEISD Aquatic Center (210-356-2925) in advance of this event with the name and age of
any member on your team who needs assistance to enter the building
The facility Staff will make reasonable accommodations for swimmers, coaches, or spectators who wish

to enter and use our facility

In any meet sanctioned by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105

A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities

Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105

Awards: Custom medals will be awarded for places one through three
Custom ribbons from will be awarded to places four through eight
High Point Awards for each category
Age Groups may be combined in the interest of time but will be scored separately for high point awards
■ ***A swimmer may only score points for high points in a nationally recognized event for her / his age group***
An exception will be made for the eight and under Divisions
6, 7, 8, 9, 10, 11, 12, 13, 14, 15, and 16 and over (Girls and Boys)

Results: Final Results and the Commlink File will be available at alamoareaaquatics.com

Officials: Please contact Didi Byerly if you can help with this meet and sign up using the link: [Cinco Officials Sign Up](#)

All currently (2023) certified / registered and in-training USA Swimming officials are cordially invited to assist in the conduct of this meet

All deck officials must have a current USA Swimming Background Check and Athlete Training Program, verifiable in SWIMS

Uniform for officials is white collared shirts over khaki trousers, skirts, capris or Bermuda-length shorts

Please: No short shorts, cut-offs, jeans or flip-flops

Officials should prominently display their South Texas and USA Swimming credentials while on deck

Wearing of name tags is strongly encouraged

Please report to the Meet Referee 30 minutes prior to the scheduled start time of any session to receive assignments.

Timers: Entering teams will assigned to assist with backup timers in proportion to their entries
Volunteers will also be needed and greatly appreciated
Athletes must provide their own two timers (2) for the 400 Free and the 400 IM. Positive check-in required by 4:00 PM.

Contact: Don Walker: dmw15479@aol.com / 210-861-0789

Foreign

Competitors: It is strongly recommended that Visa and travel arrangements be made as early as possible
Entries will be capped at 450 for ALL Sessions

Order of Events and Minimum Qualifying Times

Times are the USA Swimming 2021 – 2024 Motivational LCM “B” Standards

Distances are in Long Course Meters

Session One / Friday, May 5th / 5:00 PM / Gender Mixed				
Event #	Girls Faster than:	Age Group	Distance / Stroke	Boys Faster than:
1	7:36.79	9 & 10	400 Free Limited to ten heats. Positive Check-in by 4:00. Fastest 5 heats swim at the beginning of the meet. Heat 6 and over swim after the 400 IM.	7:29.39
	6:23.89	11 & 12		6:15.49
	6:06.79	13 & O		5:49.09
2	0:37.09	13 & O	50 Free	0:34.39
3	N/A	6 - 8	50 Free	N/A
	0:44.09	9 & 10		0:43.59
	0:38.39	11 & 12		0:37.29
4	7:19.69	10 - 12	400 I-M Limited to ten heats. Positive Check-in by 4:00	7:09.89
	6:55.49	13 & O		6:32.69
Session Two / Saturday, May 6th / 9:00 AM / Gender Mixed				
5	2:14.79	9 & 10	100 Breast	2:09.39
	1:48.89	11 & 12		1:46.59
6	N/A	6 - 8	50 Back	N/A
	0:54.89	9 & 10		0:55.29
	0:43.99	11 & 12		0:43.69
7	2:09.99	9 & 10	100 Fly	2:07.09
	1:36.19	11 & 12		1:33.99
8	3:24.49	10 - 12	200 Back	3:19.49
9	N/A	6 - 8	50 Breast	N/A
	1:00.49	9 & 10		0:59.69
	0:48.99	11 & 12		0:48.99
10	3:45.79	9 & 10	200 Free	3:33.49
	3:02.29	11 & 12		2:57.49
Session Three / Saturday, May 6th / 3:00 PM* / Gender Mixed				
11	2:54.29	13 & O	200 Free	2:44.09
12	1:42.09	13 & O	100 Breast	1:34.89
13	3:12.39	13 & O	200 Back	3:02.09

14	1:26.59	13 & O	100 Fly	1:21.29
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Session Four / Sunday, May 7th / 9:00 AM / Gender Mixed

Event #	Girls Faster than:	Age Group	Distance / Stroke	Boys Faster than:
15	N/A	6 - 8	100 Free	N/A
	1:41.99	9 & 10		1:40.59
	1:24.09	11 & 12		1:21.29
16	3:52.59	10 - 12	200 Breast	3:44.69
17	N/A	6 - 8	50 Fly	N/A
	0:53.39	9 & 10		0:51.79
	0:41.29	11 & 12		0:41.89
18	1:59.19	9 & 10	100 Back	1:55.09
	1:38.69	11 & 12		1:35.49
19	3:24.89	10 - 12	200 Fly	3:20.49
20	4:09.39	9 & 10	200 I-M	4:06.19
	3:26.09	11 & 12		3:23.79

Session Five / Sunday, May 7th / 3:00 PM* / Gender Mixed

21	3:12.99	13 & O	200 Fly	3:00.89
22	1:20.49	13 & O	100 Free	1:15.29
23	3:39.69	13 & O	200 Breast	3:25.49
24	1:29.99	13 & O	100 Back	1:23.89
25	3:15.79	13 & O	200 I-M	3:04.59

***Warm-up and start times for Sessions three (3) and five (5) are dependent on the finish times for Sessions two (2) and four (4), at the discretion of the Meet Referee.**



NO PURSES. NO BAGS.

NEISD BAC PURSE/BAG POLICY



Prohibited Bags

PROHIBITED ITEMS INCLUDE, BUT ARE NOT LIMITED TO:

- All purses, bags or containers larger than a small clutch bag
 - Backpacks
 - Binocular case – Binoculars may be worn around the neck
 - Briefcases
 - Camera bags
 - Cinch bags
 - Computer bags
 - Coolers
 - Fanny packs
 - Luggage of any kind
- 

Backpack



Purse



Camera Case
- 

Binocular Case



Fanny Pack



Patterned Plastic Bag


Approved Bags

CLEAR TOTE
Plastic, vinyl or PVC –
not exceeding 12" x 6" x 12"




12" x 6" x 12"

PLASTIC STORAGE BAG
Clear, one (1) gallon,
re-sealable



OR

SMALL CLUTCH PURSE
Approximately the size of your hand, but absolutely no larger than 5.5" x 8.5" (see our small guide sheet) with or without a handle or strap. Can be carried separately or within an approved plastic bag shown above.



5.5" x 8.5" x 4"

To enhance public safety, Blossom Athletic Center has modified its security policy by limiting the size and style of bags allowed into events. An exception will be made for medically necessary items after proper inspection at a gate designated for this purpose. Please limit the number of items you bring to the stadium on event days.

SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

I. Assigned Warm-up Procedures

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
- c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.

II. Open Warm-up Procedures

Lane Use	Pool	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
	10 Lanes	0 and 9	1 and 8	2 through 7
	8 Lanes	1 and 8	2 and 7	3 through 6
	6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
- d. There will be no diving in the general warm-up lanes—circle swimming only.
- e. No kickboards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

- a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following:
 1. A minimum of four marshals who report to and receive instructions from the Meet Referee and / or Director shall be on deck during the entire warm-up session(s).
 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up

Procedures will be in effect at this meet."

5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Back-strokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a back-stroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.