



# Alamo Area Aquatic Association Meet Information



Conducted under Sanction of USA Swimming

Sanction Number: ST-23-36

Posted: March 24, 2023

**Meet Name:** •2023 ST AAAA-NS Jelly Bean Scramble  
•Timed final in Long Course Meters

**Meet Date(s):** •April 14-16, 2023

**Venue:** •Northside ISD Swim Center or NISD Natatorium  
•8400 N. Loop 1604 W  
•San Antonio, Texas 78249  
•210-397-7525

## Daily Schedules:

•Sessions will be decided based on the number of entries in each age group. Final sessions will be announced Monday, April 10, 2023.

	Friday	Saturday / Sunday Morning
•Coaches meeting	3:30 pm	6:45 am
•Athlete entrance opens	3:30 pm	6:45 am
•Warm-ups begin	4:00 pm	7:00 am
•Officials meet	4:00 pm	7:45 am
•Positive Check-in	4:30 pm	
•Sprint lanes open	4:30 pm	8:00 am
•Clear competition pools	4:50 pm	8:20 am
•Competition begins	5:00 pm	8:30 am

•Sessions 2

•Warm-up schedule will be sent after the entries are received.

•Sprint lanes will be controlled by coaches during their warm-up (one way only)

•Competition begins about 1 hour after the conclusion of morning session each day

•Warm-up for the afternoon session may happen inside or in the divewell while the competition is concluding outside. (exact warm-up and start time will be posted after entries have been received)

**Format:** •Timed Finals conducted in the outdoor pool. Meet may be moved inside if needed for weather or other facility reasons.  
•1 x 8 lanes will be used for competition; diving well will be used for warm-up/cool-down during the meet.  
•ALL events 200 Meters and less will be seeded fastest to slowest with the possibility of age groups being combined.  
•Positive Check-in is required to swim the 400 Free and 400 IM and will close at 4:30 pm on Friday evening and will be seeded fastest to slowest..  
•The number of sessions will depend on the timelines from the athletes entered in the meet. Age groups will be combined or split into sessions to keep the timelines under 4 hours.  
•Chase starts will NOT be used for this meet.  
•Flyover starts may be used.  
•Entry times will be seeded: LCM, SCY, SCM  
•No relays  
•No time trials.

## Entries Open

**For AAAA:** •Wednesday, April 5, 2023 at 12:00 CST

## Entries Open

**For other teams:** •Thursday, April 6, 2023 at 12:00 CST

•Meet will be capped when the meet is split into 2 sessions using 8 lanes and any of the session reports reach four hours in length

**Entry Deadline:** •Saturday, April 8, 2023

## Facilities:

•One eight (8) lane 50 meter competition course – OUTDOOR

•Colorado automatic starting and timing

•The course has been certified in accordance with USA Swimming Rule 104.2.2 (C) and copies are on file with USA Swimming

•Additional lanes will be available for constant warm-ups and cool downs in the diving well or inside pool.

•Any and all two-piece swim suits are prohibited everywhere within the Northside ISD Aquatic Complex

- Water Depths** •Both the outdoor and indoor pool depths, measured from the start end and turn end, is six feet seven inches both measured at one and five-meters from either end wall in accordance with Article 103.2.3.
- Deck Changing:**
- Deck changing is prohibited
  - Violators are subject to disqualification from the meet and disbarment from the facility
- Age up Date:** •April 14, 2023
- Scoring and Awards:** •No Awards
- Drones:**
- Per USA Swimming Rule 103.13 and NISD district policy, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
  - Exceptions may be granted with prior written approval by the Program and Events Committee Chair or designee and NISD.
- Liability:**
- In granting a sanction for this meet, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Alamo Area Aquatic Association (AAAA), the Northside Independent School District, and all meet officials shall be free from any liabilities or claims for damage arising by reason(s) of injuries to anyone during the conduct of this meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.
- Sanction:**
- Held under the sanction of USA Swimming
  - This meet is sanctioned by South Texas Swimming and the current USA Swimming rules, including minor athlete abuse prevention policy ("MAAPP") and any relevant sections of the current South Texas Policies and Procedures Manual will apply.
  - All swimmers must be registered for 2023 with USA Swimming by the meet start date.
  - Conduct of these sanctioned events shall conform in every respect to all Technical and Administrative Rules of USA Swimming.
- USA Swimming Registration:**
- All swimmers, coaches, and officials participating in this competition must be currently (2023) registered with USA Swimming
  - No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302
  - All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time
  - Current national and LSC regulations do not allow for exceptions to these policies
- Cell Phone Restrictions:**
- The presence and / or use of cell phones, smart phones, or any other devices capable of producing audio recordings and / or photographic or video images in locker rooms, rest rooms, or changing areas is strictly and specifically prohibited at all times.
  - There are no exceptions to this prohibition.
  - Violators are subject to disqualification from the meet, disbarment from the facility and arrest.
- Photographs And Videos:**
- No team or parent photographers will be allowed on deck.
  - In the event such Media personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups
  - Photographers and videographers are prohibited from the area immediately behind the starting blocks, and are specifically prohibited from making shots during the start phase of any race
- Entry Procedures:**
- The **only** acceptable mode of entry is via Hy-Tek Commlink File
  - Hard copy (PDF) **MUST** accompany
  - Entries received without a seed time will not be entered into the meet and fees will not be refunded
  - Please e-mail entries to the Entry Chair noted below
  - An HYV File for importing events and time standards into Team Manager is available from the Club Calendar and Results Page of the Alamo Area Website: [www.alamoareaquatics.com](http://www.alamoareaquatics.com).
- E-Mail Entries:**
- Entries in Commlink Format only, MUST be sent or delivered to:
    - NISD Entries Chair:**
    - Brandon Allenstein
    - 210-397-7516
    - northsideaquaticsentries@gmail.com
  - E-mail submissions to any other address cannot be accepted.
  - The Commlink File must be renamed to clearly identify the entering team, the shorter the better

- Athletes included in improperly identified Commlink Files (Cfile0X.cl2 or zfile00X.zip) will not be entered into the meet and any entry fees will not be refunded
- Athletes WILL NOT be entered into Meet Manager until the Meet Entry Report (PDF) is received as an attachment to the e-mail, or hand-delivered.

## Entry

### Restrictions:

- This Meet is open to all 2023 Registered USA Swimming athletes
- Maximum of four (4) events per session ten (10) events total for the meet
- All entries must include a seed time
- Entries will be processed in the order received
- Swimmers entering with a “non-conforming” time (SCY or SCM) should enter the event using the nonconforming time.

### Entry Fees

#### Includes

**\$2.00**

### Splash Fees:

- \$8.00 per individual event / No refunds
- Northside Aquatics TeamUnify accounts will be billed the Tuesday after the meet entry deadline.
- Other teams: Checks payable to: Northside Aquatics
  - Mail to: Brandon Allenstein  
c/o Northside ISD Aquatics  
8400 N Loop 1604 W  
San Antonio, TX 78249

### Late / Deck

#### Entries:

- No late / deck entries

### Qualifying

#### Times:

- None

### Meet

#### Management:

- Meet Manager 8.0
- Meet Director      Brandon Allenstein      210-397-7516      [brandon.allenstein@nisd.net](mailto:brandon.allenstein@nisd.net)
- Meet Referee      Steve Mandacina           smandacina@hanger.com
- Admin Official      Rick Allenstein           [rallenstein@hotmail.com](mailto:rallenstein@hotmail.com)
- Entries Chair      Brandon Allenstein      210-397-7516      [northsideaquaticsentries@gmail.com](mailto:northsideaquaticsentries@gmail.com)

### Unaccompanied

#### Swimmers:

- Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge.
- When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement

### Rules:

- The 2023 USA Swimming Technical Rules and any relevant sections of the STSI Policies and Procedures Manual will apply to this competition

### Warm-ups:

- Warm-ups will be conducted in accordance with the current STSI Policies and Procedures on page seven (7)
- Continuous warm-up and warm-down will be available in the adjacent lanes.
- Please also review the daily schedules below.

### Medical

#### Supervision:

- During the meet, lifeguards and appropriate equipment will be present to provide any necessary medical supervision and treatment for athletes participating in the meet.

### Scratch

#### Rules:

- All events on Saturday and Sunday will be pre-seeded fastest to slowest and there will be no penalty for scratching from a pre-seeded event
- The 400 Free and 400 IM will be deck seeded after positive check-in closes at 4:30 pm on Friday evening.

### Special

#### Needs:

- A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.
- Please notify the Northside Aquatic Complex (210-397-8985) in advance of this meet with the name and age of any member on your team who may need assistance to enter the building.
- The Aquatics Staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.
- In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105.

- Coaches and/or athletes must notify the Meet Host and the Meet Referee before the competition begins, and preferable at the time entries are submitted, if any specialized equipment is required and / or if they are to be considered for judging under Article 105.

**Officials:**

- All 2023 STSI certified and in training USA Swimming registered officials are cordially invited to participate
- The required uniform is:
  - White collared shirts / blouses over khaki trousers, Bermuda-length shorts, skirts or capris
  - PLEASE: **NO** jeans, cut-offs or flip flops
- Please report to the Meet Referee in accordance with the Daily Schedule on page one (1)
- The wearing of name tags is strongly encouraged

**Timers:**

- Volunteer timers will be needed to conduct the meet.

**USA Swimming  
COVID-19:**

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

**MAAPP:**

- All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP") and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

# Order of Events

Friday, April 14, 2023			
Session 1 - All Ages			
Event Number	Gender	Age Group	Distance and Stroke
1	Mixed	Open	400 Freestyle
2	Mixed	Open	400 Individual Medley
Saturday, April 15, 2023			
Session 2 - 13 & Over			
Event Number	Gender	Age Group	Distance and Stroke
3	Mixed	13 & Over	200 Freestyle
4	Mixed	13 & Over	100 Butterfly
5	Mixed	13 & Over	50 Backstroke
6	Mixed	13 & Over	100 Breaststroke
7	Mixed	13 & Over	50 Freestyle
8	Mixed	13 & Over	200 Backstroke
Session 3 - 12 & Under			
Event Number	Gender	Age Group	Distance and Stroke
103	Mixed	12 & Under	200 Freestyle
104	Mixed	12 & Under	100 Butterfly
105	Mixed	12 & Under	50 Backstroke
106	Mixed	12 & Under	100 Breaststroke
107	Mixed	12 & Under	50 Freestyle
108	Mixed	12 & Under	200 Backstroke

# Order of Events

Sunday, April 16, 2023			
Session 4 - 13 & Over			
Event Number	Gender	Age Group	Distance and Stroke
9	Mixed	13 & Over	200 Individual Medley
10	Mixed	13 & Over	100 Backstroke
11	Mixed	13 & Over	200 Butterfly
12	Mixed	13 & Over	50 Breaststroke
13	Mixed	13 & Over	100 Freestyle
14	Mixed	13 & Over	50 Butterfly
15	Mixed	13 & Over	200 Breaststroke
Session 5 - 12 & Under			
Event Number	Gender	Age Group	Distance and Stroke
109	Mixed	12 & Under	200 Individual Medley
110	Mixed	12 & Under	100 Backstroke
111	Mixed	12 & Under	200 Butterfly
112	Mixed	12 & Under	50 Breaststroke
113	Mixed	12 & Under	100 Freestyle
114	Mixed	12 & Under	50 Butterfly
115	Mixed	12 & Under	200 Breaststroke