



# Alamo Area Aquatic Association Meet Information



Conducted under Sanction of USA Swimming  
Sanction Number: ST-24-77 Posted: 8/2/2024

**Meet Name:** •2024 ST AAAA SW SCY Harvest Hustle  
•Timed final in short Course Yards

**Meet Date(s):** •November 22-23, 2024

**Venue:** •Southwest ISD Aquatic Center  
•9290 SW Loop 410  
•San Antonio, Texas 78242  
•210-622-4900

Daily Schedules:	•Friday	•Friday (Session 1)	•Saturday (Session 2)	•Saturday (Session 3)*
	•Coaches meeting	4:30 PM		
	•Athlete entrance opens	4:15 PM	7:00 AM	At the conclusion of session 2
	•Warm-ups begin	4:45 PM	7:30 AM	TBA
	•Officials meet	5:00 PM	8:00 AM	TBA
	•Sprint lanes open	5:30 PM	8:30 AM	TBA
	•Clear competition pool	5:50 PM	8:50 AM	10 minutes before session 2 begins
	•Competition begins	6:00 PM	9:00 AM	90 minutes after session 2 ends
	<i>*The approximate start times for session 3 will be posted by Wednesday, November 20, 2024</i>			

**Format:** •An 8-lane pool will be used for competition; an adjacent pool will be used for warm-up/cool-down during the meet.  
•ALL events will be seeded fastest to slowest  
•Entry times will be seeded: SCY, LCM, SCM  
•No relays  
•No time trials.

**Entries Open For AAAA:** •Tuesday, November 12, 2024, at 12:00 noon

**Entries Open for other teams:** •Wednesday, November 13, 2024, at 12:00 noon

**Entry Deadline:** •Sunday, November 17, 2024, at 11:59 pm

**Entry Fees** •\$8.00 per event (this includes the \$1.25 South Texas Splash fee and the \$0.75 AAAA Splash fee)  
•\$5.00 per athlete facility surcharge  
•Other teams: Checks payable to: Southwest ISD  
•Mail to: Kristin Libardoni  
c/o Southwest ISD  
9290 SW Loop 410  
San Antonio, TX 78242  
Memo: AAAA SW Harvest Hustle

**Late / Deck Entries:** •Late entries will not be accepted.

**Qualifying Times:** •No qualifying times

**Check-In:** •The 400 IM and 500 Freestyle will require positive check-in.  
•You must check in by 5:15 PM on Friday (session 1).

**Facilities:** •One eight (8) lane 25-yard competition course  
•Colorado automatic starting and timing  
•Additional lanes will be available for constant warm-ups and cool-downs.  
• All two-piece swimsuits are prohibited everywhere within the Southwest ISD Aquatic Center.

**Water Depths:** •The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet, 0 inches at the start end, and the turn end is 13 feet, 6 inches measured for a distance of 1.0 meter to 5.0 meters from both end walls.

**Course Certification:** •The host will ensure the required course dimensions.

**Deck Changing:** •Deck changing is prohibited  
•Violators are subject to disqualification from the meet and disbarment from the facility

**Age up Date:** •November 22, 2024

**Scoring and Awards:** •No Awards

**Drones:** •Per USA Swimming Rule 103.13 and SWISD district policy, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.  
•Exceptions may be granted with prior written approval by the Program and Events Committee Chair, or designee, and SWISD.

**Liability:** •In granting a sanction for this meet, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Alamo Area Aquatic Association (AAAA), the Southwest Independent School District, and all meet officials shall be free from any liabilities or claims for damage arising by reason(s) of injuries to anyone during the conduct of this meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

**Sanction:** •Held under the sanction of USA Swimming  
•This meet has been sanctioned by South Texas Swimming and current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), and any relevant sections of the South Texas Policies & Procedures Manual will apply. All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. All swimmers must be registered as athletes in good standing with USA Swimming as of the meet date(s). Athletes who register with USA Swimming and/or South Texas Swimming after the meet entry deadline may deck enter the meet only if they can present their current USA Swimming membership card using the USA Swimming app (or a coach may present the club’s official roster from the USA Swimming app). Athletes who fail to meet this requirement will not be allowed to compete. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

#### USA Swimming

**Registration:** •All swimmers, coaches, and officials participating in this competition must be current members of USA Swimming in good standing as of the meet date(s).  
•No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302  
•All should also be prepared to present their USA Swimming membership card using the USA Swimming app as proof of their membership to the Meet Director or designee at any time. Swimmers who 1) late enter when possible; 2) need to be late-entered because of clerical errors by the entering team or the Meet Host; or 3) are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming ID card using the USA Swimming app (or a coach may present the club’s official roster from the USA Swimming app).  
•Current national and LSC regulations do not allow for exceptions to these policies

#### Cell Phone

**Restrictions:** •The presence and/or use of cell phones, smartphones, or any other devices capable of producing audio recordings and/or photographic or video images in locker rooms, restrooms, or changing areas is strictly and specifically prohibited at all times.  
•There are no exceptions to this prohibition.  
•Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

#### Photographs And Videos:

• Teams with photographers must notify the meet director in advance.  
•In the event such Media personnel is present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director before the beginning of warm-ups  
•Photographers and videographers are prohibited from the area immediately behind the starting blocks.

**Procedures:** •The **only** acceptable mode of entry is via Hy-Tek Commlink File  
•PDF copy **MUST** accompany  
•Entries received without a seed time will not be entered into the meet and fees will not be refunded  
•Please e-mail entries to the Entry Chair noted below  
•An HYV File for importing events and time standards into Team Manager is available from [alamoareaaquatics.com](http://alamoareaaquatics.com)

## E-Mail

### Entries:

- Entries in Commlink Format only, MUST be sent or delivered to:
  - SWISD Entries Chair:**
  - Nathan Coppock
  - 210-622-4900
  - ncoppock9619@swisd.net
- E-mail submissions to any other address cannot be accepted.
- The Commlink File must be renamed to identify the entering team clearly, the shorter the better
- Athletes included in improperly identified Commlink Files (Cfile0X.cl2 or zfile00X.zip) will not be entered into the meet and any entry fees will not be refunded
- Athletes WILL NOT be entered into Meet Manager until the Meet Entry Report (PDF) is received as an attachment to the e-mail, or hand-delivered.

## Entry

### Restrictions:

- This meet is open to all USA Swimming athletes in good standing as of the meet date(s).
- Maximum of twelve (12) total events. Six (6) on each day Friday and Saturday.
- All entries must include a seed time.
- Entries will be processed in the order received.
- Entries will be capped when any session with 12 & Under swimmers reaches 4 hours.
- Meet management has the right to modify meet operations to stay within the 4-hour time limit.

## Meet

### Management:

- Meet Manager 8.0
- Meet Director Nathan Coppock 210-622-4900 [ncoppock9619@swisd.net](mailto:ncoppock9619@swisd.net)
- Meet Referee Fabio Caliandro [f.caliandro@gmail.com](mailto:f.caliandro@gmail.com)
- Admin Official BJ Allenstein [brandon.allenstein@nisd.net](mailto:brandon.allenstein@nisd.net)
- Entries Chair Nathan Coppock 210-622-4900 [ncoppock9619@swisd.net](mailto:ncoppock9619@swisd.net)

## Unaccompanied

### Swimmers:

- Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge.
- When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement
- All unaccompanied swimmers will be temporarily assigned to a registered USA Swimming coach for warm up, warm down, and competition purposes in order to comply with USA Swimming Rule 202.5.3. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make sure arrangements prior to the start of the meet.

## Warm-ups:

- Warm-ups will be conducted in accordance with the current STSI Policies and Procedures on pages 4-5
- Continuous warm-up and warm-down will be available in the adjacent lanes.
- Please also review the daily schedules.

## Scratch

### Rules:

- This meet will be pre-seeded from fastest to slowest and there will be no penalty for scratching from a pre-seeded event

## Special

### Needs:

- A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.
- Please notify the Southwest ISD Aquatic Center (210-622-4900) in advance of this meet with the name and age of any member of your team who may need assistance to enter the building.
- The Aquatics Staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.
- In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105.
- Coaches and/or athletes must notify the Meet Host and the Meet Referee before the competition begins, and preferably at the time entries are submitted, if any specialized equipment is required, and/or if they are to be considered for judging under Article 105.

- Officials:**
- All certified and in training USA Swimming registered officials are cordially invited to participate. All deck and administrative officials must be current members in good standing with USA Swimming and their local LSC.
  - The required uniform is:
    - White collared shirts/blouses over khaki trousers, Bermuda-length shorts, skirts, or capris
    - PLEASE: **NO** jeans, cut-offs, or flip-flops
  - Please report to the Meet Referee in accordance with the Daily Schedule on page one (1) to be briefed and receive assignments
  - Any officials interested in working the meet should contact the meet referee in advance
  - The wearing of name tags is strongly encouraged

- Timers:**
- Volunteer timers will be needed to conduct the meet.

- Medical Supervision:**
- During the meet lifeguards and AED devices will be present to provide any necessary medical supervision and treatment for athletes participating in the meet.

# Order of Events

## Friday Afternoon - Session 1

Event #	Age Group	Description
1	10 & Over	400 Mixed Individual Medley
2	Open	50 Mixed Freestyle
3	Open	50 Mixed Breaststroke
4	Open	50 Mixed Backstroke
5	Open	50 Mixed Butterfly
6	Open	500 Mixed Freestyle*

\*Athletes in the 500 Freestyle must provide at least one (1) backup timer and one (1) lap counter

# Order of Events

## Saturday Morning (13 & Over) - Session 2

<b>Event #</b>	<b>Age Group</b>	<b>Description</b>
7	13 & Over	200 Mixed Freestyle
8	13 & Over	100 Mixed Breaststroke
9	13 & Over	200 Mixed Butterfly
10	13 & Over	100 Mixed Backstroke
11	13 & Over	200 Mixed Individual Medley
12	13 & Over	200 Mixed Backstroke
13	13 & Over	100 Mixed Freestyle
14	13 & Over	200 Mixed Breaststroke
15	13 & Over	100 Mixed Butterfly
16	13 & Over	100 Mixed Individual Medley

## Saturday Afternoon (12 & Under) - Session 3

<b>Event #</b>	<b>Age Group</b>	<b>Description</b>
17	12 & Under	200 Mixed Freestyle
18	12 & Under	100 Mixed Breaststroke
19	10 - 12	200 Mixed Butterfly
20	12 & Under	100 Mixed Backstroke
21	12 & Under	200 Mixed Individual Medley
22	10 - 12	200 Mixed Backstroke
23	12 & Under	100 Mixed Freestyle
24	10 - 12	200 Mixed Breaststroke
25	12 & Under	100 Mixed Butterfly
26	12 & Under	100 Mixed Individual Medley

# SOUTH TEXAS SWIMMING, Inc.

## Safety Guidelines and Warm-up Procedures

### A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
  - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
  - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
  - c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

### LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
10 Lanes (0-9)	0 and 9	1, 2, 6, and 7	3 through 5
10 Lanes (1-10)	1 and 10	2, 3, 7, and 8	4 through 6
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
  - b. Push/Pace lanes will push off one or two lengths from starting end.
  - c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
  - d. There will be no diving in the general warm-up lanes—circle swimming only.
  - e. No kickboards pull buoys, or hand paddles may be used.
- III. Safety Guidelines
- a. Coaches are responsible for the following:
    1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
    2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
    3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
  - b. The host team will be responsible for the following:
    1. A minimum of two marshals, with a minimum of one of each gender, who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
    2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
    3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
    4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
    5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
    6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

### B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure they are not starting simultaneously as swimmers on the blocks. Swimmers shall not step up on the blocks if there is a backstroke waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

**NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.**