

**AAAA-Pieper
Spring Training Schedule
3/20/23 - 5/28/23**

Revised 3/6/23



<u>Group</u>	<u>Coach</u>	<u>Days</u>	<u>Time</u>
Gold	Coach Tracey	M-TH	4:50-6:20 pm
Silver	Coaches Tracey, Shanna, Laney	M-TH	6:30-7:30 pm
Purple	Coaches Shanna, Laney	M-TH	5:45-6:30 pm

Required Equipment

Please make sure the athletes have all of their equipment properly marked with names. Equipment needs to be brought to the blocks everyday as we will utilize all equipment almost everyday.

Gold

*Cap, Goggles, Water Bottle, Kickboard,
Fins, Pull Buoy/Ankle Buoy, Flat Paddles, Snorkel*

Silver

Cap, Goggles, Water Bottle, Kickboard, Fins, Snorkel

Purple

Cap, Goggles, Water Bottle, Kickboard, Fins