



# 2024 AAAA-NE Blossom Into Spring 3 (LCM) Meet Information



**Meet Director & Entries Chair**  
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**Meet:** ● 2024 AAAA-NE LCM BLOSSOM into SPRING 3

**Sanction #:** ● ST-24-47cm

**Date:** ● Saturday, April 6th, 2024

**Entry Deadline:** ● Monday March 25th, 2024 @ 12:00 Noon

**Venue:** ● Bill Walker Pool  
● Blossom Athletic Center (A.K.A North East Stadium)  
● Jones-Maltsberger Road at Starcrest and/or Bitters  
● San Antonio, TX 78217 / 210-356-6925

**Schedule:** ● Doors open at 7:30am  
● Coaches meeting at 7:50am  
● Warm-ups begin at 8:00am  
● Officials meet at 8:00am  
● Sprint lanes (2-8) and Push / Pace lanes (0 and 9) at 8:30am  
● Pools cleared at 8:50am  
● National Anthem 8:55am  
● Competition begins at 9:00am  
● Estimated finish at 12:30pm

**Meet Format:** ● The meet will be conducted in one single session, in a Long Course Meters (LCM) course.  
● The host reserves the right to configure the sessions as may be required once all entries have been received.  
● All events will be seeded as mixed gender by time, and swum fastest to slowest  
● 10 & Under Swimmers are permitted to enter four (4) events and 11 & Over a (3) event maximum.

**Entry Restrictions:** ● This is a closed Competition.  
● Participation in this meet is open only to swimmers affiliated with AAAA.

**Entry Procedures:** ● Entries must be submitted via Meet Manager HYV File.

**Entry Fees:** ● Flat fee of \$30 per athlete.

**Qualifying Times:** ● None specified  
● Team coaches will establish their own criteria and select their entries.

**Spectator Clear Bag Policy:** ● See the NEISD Clear Bag Policy graphic on page four (4)

**Policy:**

**Cell Phone Restrictions:** ● The presence and/or use of cell phones, smartphones, or any other devices capable of producing audio recordings and/or photographic or video images in locker rooms, restrooms, or changing areas is strictly and specifically prohibited at all times.

- There are no exceptions to this prohibition.
- Violators are subject to disqualification from the meet, disbarment from the facility and arrest.

**Swimmer:** ● No team or parent photographers will be allowed on deck.

**Photographs & Videos:** ● In the event such media personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups.

- Media photographers and videographers are prohibited from the area immediately behind the starting blocks.

**Rules:** ● Deck changing is prohibited  
● Two-piece swim wear is prohibited

- The presence or use of cellphones, smart phones or any other devices capable of producing audio recordings, photographic or video images in locker rooms, restrooms or changing areas is strictly specifically prohibited at all times
- There are no exceptions to this policy.
- Violators are subject to disqualification from the meet and disbarment from the facility
- The presence of cellphones, smartphones, iPads, etc. anywhere behind the starting blocks is prohibited at all times during competition
- Violators are subject to having their devices temporarily confiscated
- Please review the graphic on page four (4) regarding bags, purses, and back-packs
- Photographers and videographers are specifically prohibited from the area immediately behind the starting blocks
- Parents and other spectators are not permitted on-deck at any time for any reason
- Flash photography of any sort is expressly forbidden at any time during competition
- Standing in front of and/or leaning against the glass rails is expressly forbidden
- Times noted on the scoreboard are never official and must not ever be regarded as such

**USA Swimming Registration:** ● All swimmers, coaches, and officials participating in this competition must be current USA Swimming members in good standing as of the meet date(s). No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.

- All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time. Swimmers who 1) late enter when possible; 2) need to be late-entered because of clerical errors by the entering team or the Meet Host; or 3) are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming ID card or proof of membership using the USA Swimming app (or a coach may present the club's official roster from the USA Swimming app).
- Current national and LSC regulations do not allow for exceptions to these policies.

**Liability:** ● All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP") and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

● In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Alamo Area Aquatics Association, the Bill Walker Pool, and all meet officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

**Deck Changing:** ● Deck changes are prohibited.

**Unaccompanied Swimmers:** ● Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. All unaccompanied swimmers will be temporarily assigned to a registered USA Swimming coach for warm up, warm down, and competition purposes in order to comply with USA Swimming Rule 202.5.3. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make sure arrangements prior to the start of the meet.

**Sanction:** ● Held under the Sanction of USA Swimming.

- This meet has been sanctioned by South Texas Swimming and current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), and any relevant sections of the South Texas Policies & Procedures Manual will apply.
- All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
- All swimmers must be registered as athletes in good standing with USA Swimming as of the meet date(s). [JE1] Athletes who register with USA Swimming and/or South Texas Swimming after the meet entry deadline may deck enter the meet only if they can present their current USA Swimming registration card or proof of membership using the USA Swimming app (or a coach may present the club's official roster from the USA Swimming app). South Texas Swimming does not allow on-deck USA Swimming registrations. Athletes who fail to meet this requirement will not be allowed to compete.
- Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

**Water Depth:** ● The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet 8.4" inches at the start end and the turn end is 5 feet 2 inches measured for a distance of 1.0 meter to 5.0 meters from both end walls.

- Course Certification:** ● Required. Include the appropriate statement and delete the other statement.) The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
- Age up Date:** ● The age of the swimmer will be his/her age on Saturday, April 6th, 2024.
- Drones:** ● Per USA Swimming Rule 103.13, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Programs and Events Committee Chair or designee.
- Special Needs:** ● Please notify the Meet Director in advance of this event with the name and age of any member on your team who needs assistance to enter the building.
- The facility staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.
  - In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.
  - Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.
- Scoring:** ● This meet will not be scored.
- Warm-up:** ● Warm-ups will be conducted IAW the current STSI Safety Guidelines and Warm-up Procedures noted on page five (5)
- Medical Supervision:** ● During the meet lifeguards will be present to provide any necessary medical supervision and treatment for athletes participating in the meet.
- Awards:** ● None.
- Timers:** ● If an insufficient number of individuals sign-up / showup, times achieved will not be entered into the SWIMS National Database.
- Officials:** ● All currently (2024) certified / registered and in-training USA Swimming officials are cordially invited to assist in the conduct of this meet
- The uniform for officials is white collared shirts or blouses over khaki trousers, Bermuda-length shorts, skirts or capris. No short shorts, jeans or flip-flops, thank you.
  - Wearing of name tags is strongly encouraged for ALL officials.
  - Please report to the Meet Referee in the upstairs Walker Conference Room at 8:00am to receive an assignment.

## Order of Swimming Events (LCM)

Event #:	Event:	Event:
1	OPEN	50 Freestyle
2	11 & Up	100 Butterfly
3	10 & Under	50 Butterfly
4	11 & Up	100 Backstroke
5	10 & Under	50 Backstroke
6	11 & Up	100 Breaststroke
7	10 & Under	50 Breaststroke
8	OPEN	100 Freestyle
9	OPEN	200 IM

**The Restrictions Below DO NOT apply to Athletes, Coaches, Administrators, Officials or Staff. Spectators may not bring outside food or drink items into the facility.**



# NO PURSES. NO BAGS.

## NEISD BAC PURSE/BAG POLICY



### Prohibited Bags

**PROHIBITED ITEMS INCLUDE, BUT ARE NOT LIMITED TO:**

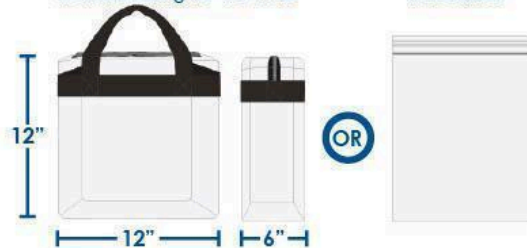
- All purses, bags or containers larger than a small clutch bag
- Backpacks
- Binocular case – Binoculars may be worn around the neck
- Briefcases
- Camera bags
- Cinch bags
- Computer bags
- Coolers
- Fanny packs
- Luggage of any kind



### Approved Bags

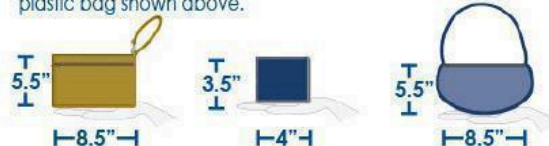
**CLEAR TOTE**  
Plastic, vinyl or PVC – not exceeding 12" x 6" x 12"

**PLASTIC STORAGE BAG**  
Clear, one (1) gallon, re-sealable



#### SMALL CLUTCH PURSE

Approximately the size of your hand, but absolutely no larger than 5.5" x 8.5" (see our small guide sheet) with or without a handle or strap. Can be carried separately or within an approved plastic bag shown above.



- Exceptions will be made for:
- Bags for medically necessary items
  - News media equipment (for credentialed media)
  - Official team and other field photographers
  - Booster clubs selling items
  - Diaper bags

**All bags are subject to inspection prior to entry regardless of size or type.**

## Safety Guidelines and Warm-up Procedures

### WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
  - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
  - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
  - c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

#### LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
10 Lanes (0-9)	0 and 9	1, 2, 6, and 7	3 through 5
10 Lanes (1-10)	1 and 10	2, 3, 7, and 8	4 through 6
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
- d. There will be no diving in the general warm-up lanes—circle swimming only.
- e. No kickboards, pull buoys, or hand paddles may be used.
- III. Safety Guidelines
  - a. Coaches are responsible for the following:
    1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
    2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
    3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
  - b. The host team will be responsible for the following:
    1. A minimum of two marshals, with a minimum of one of each gender, who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
    2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
    3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
    4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
    5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
    6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

### MISCELLANEOUS NOTES

1. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

**NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.**