

# Alamo Area Aquatic Association

[www.aaaa-sa.org](http://www.aaaa-sa.org)

## AAAA-NE Meet Information

Conducted under Sanction by USA Swimming

Sanction Number: 23-124

Posted: 06-NOV-23



- Meet**
- 2023 AAAA-NE Distance Adventure
  - Sanctioned competition for “B” and faster swimmers
- Date:**
- Saturday, November 18, 2023
- Venue:**
- Bill Walker SOUTH ↓ Pool
  - Blossom Athletic Center (Also known as North East Stadium)
  - Jones-Maltsberger Road at Starcrest or East Bitters Road
  - San Antonio, TX 78216 / 210-356-6925
- Spectator Clear Bag Policy:**
- Please see the graphic on page four (4)
  - These restrictions DO NOT apply to Athletes, Coaches, Officials, Administrators or Staff.
- Schedule:**
- Coaches meet in the Davis Classroom at 0740
  - Athletes are required to positively check-in for the 500-yard Free by 0800
  - Warm-ups begin 0800
  - Officials meet in the Walker 2nd floor conference room at 0800
  - Pools cleared at 0850
  - Athletes are required to positively check-in for the 1650-yard Free by 0900
  - Competition begins at 0900
- Format:**
- This competition will be gender-mixed, seeded fastest to slowest by time without regard to age
  - Entries received without a seed time (NT) will NOT be accepted
  - Swimmers are permitted to enter a maximum of three (3) events.
  - Athletes entering the 1650- and 500-yard Freestyles are required to provide their own backup timers and lap counters
- Facilities:**
- The Bill Walker Pool opened in October of 2019 and is part of the North East School District’s Blossom Athletic Center and is also known as the North East Stadium
  - It is an indoor, ten 2.25-meters (7ft) lane facility with buffers outside lanes 0 and 9, plus off-deck spectator seating for 800
  - Each of the possible racing courses has been professionally certified IAW Article 104.2.2C(4) and copies of the data are on file with USA Swimming.
  - Water depths:
  - South ↓ Pool:
 

•One-meter from start end	2.35m (7.7ft)	•Five-meters from start end	2.41m (7.9ft)
•One-meter from turn end	1.77m (5.8ft)	•Five-meters from turn end	1.77m (5.8ft)
  - All automatic starting and timing with full digital scoreboard and strobe on each starting block
  - The adjacent lanes will be available for warm-ups and cool downs
  - Ample deck space for athletes and coaches.
  - Orientation:
    - The NORTH ↑ Pool backs up to the Piper-Bass Student Center and has a U.S.A. Flag
    - The SOUTH ↓ Pool backs up to the Davis Natatorium and has a Texas State Flag
- Facility Rules, Regulations and Policies:**
- Deck changing is prohibited
  - Two-piece swim wear is prohibited
  - The presence or use of cell phones, smart phones or any other devices capable of producing audio recordings, photographic or video images in locker rooms, restrooms or changing areas is strictly and specifically prohibited at all times.
    - There are no exceptions to this policy.
    - Violators are subject to disqualification from the meet and disbarment from the facility
  - The presence of cell phones, smart phones, iPads, etc. anywhere behind the starting blocks is prohibited at all times during competition
    - Violators are subject to having their devices temporarily confiscated
  - Photographers and videographers are specifically prohibited from the area immediately behind the starting blocks
  - Parents and other spectators are not permitted on-deck at any time for any reason
  - Flash photography of any sort is expressly forbidden during competition



- Standing in front of and / or leaning against the glass rails is expressly forbidden
- Times noted on the scoreboard are never official and must not ever be regarded as such

#### Medical

**Supervision:** •During the meet, lifeguards and AED equipment will be present to provide any necessary medical supervision and treatment for participating athletes

**Age up Date:** •The age of the swimmer will be his / her age on November 18, 2023

**Awards:** •NONE!

**Drones:** •In accordance with (IAW) USA Swimming Rule 103.13, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.  
•Exceptions may be granted with prior written approval by the Programs and Events Committee Chair or designee and NEISD

**Liability:** •In granting a Sanction, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Alamo Area Aquatic Association (AAAA), the North East Independent School District, and all meet officials shall be free and held harmless from any liabilities for claims for damage arising by reason(s) arising by reason of injuries to anyone during the conduct of this meet

**Sanction:** •This meet has been sanctioned by South Texas Swimming and current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), and any relevant sections of the South Texas Policies and Procedures Manual will govern this meet.  
•All adults participating in or associated this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP), and that they understand compliance with MAAPP is a condition of participation in the conduct of this competition.  
•All swimmers must be registered as athletes for 2023 or 2024 with USA Swimming by the meet start date.  
•Athletes who register with USA Swimming after the meet entry deadline may deck enter the meet only if they can present their 2023 **or** 2024 USA Swimming registration card – OR - a coach may present the club’s official, water-marked roster from the USA Swimming club portal, or proof of membership using the USA Swimming Deck Pass app  
•South Texas Swimming does not permit on-deck USA Swimming registrations  
•Conduct of the sanctioned events shall conform in every respect to all technical and administrative rules of USA Swimming.

#### USA Swimming

**Registration:** •No swimmer will be permitted to compete unless the swimmer is a current (2023 or 2024) member as provided in Article 302  
•All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time  
•Swimmers who **1)** late enter when possible; **2)** need to be late-entered because of clerical errors by the entering team or the Meet Host; or **3)** are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming ID card or proof of membership using the USA Swimming Deck Pass app  
•Or a coach may present the club’s official, watermarked roster from the USA Swimming club portal). Current national and LSC regulations do not allow for exceptions to these policies.

#### Cell Phone

**Restrictions:** •The presence and / or use of cell phones, smart phones, or any other devices capable of producing audio recordings and / or photographic or video images in locker rooms, rest rooms, or changing areas is strictly and specifically prohibited at all times.  
•There are no exceptions to this prohibition.  
•Violators are subject to disqualification from the meet, disbarment from the facility and arrest.

**Entry Restrictions:** •Swimmers may enter a maximum of three (3) events  
•Entering swimmers must have at some time (lifetime best) achieved a 2021 – 2024 National Motivational “B” time, or faster for every event entered

**Entry fees:** •\$10.00 per event, per athlete – includes the \$1.25 STSI Splash fee

**Entry Deadline:** •Entries must be submitted via Hy-Tek Commlink File and be in the hands of the **Entries Chair** not later than 1200, Monday, November 13, 2023

**Late/Deck Entries:** •Late / deck entries **will not** be accepted

**Qualifying Times:** •Equal to or faster than the 2021 – 2024 National Motivational “B” times  
•Please see page five (54)



- Meet Management:**
- |                   |                        |                       |                        |                          |
|-------------------|------------------------|-----------------------|------------------------|--------------------------|
| •Meet Manager 8.0 | • <b>Meet Director</b> | • <b>Meet Referee</b> | • <b>Entries Chair</b> | • <b>Admin. Official</b> |
| •Bill Spurgeon    | •Rick Russell          | •Cory Bolleter        | •Doug Donofrio         |                          |
| •210-356-2925     | •210-834-7409          | •210356-6929          | •210-884-3860          |                          |
| •wspurg@neisd.net | •rd.russ@yahoo.com     | •cbolle@neisd.net     | •doug311@sbcglobal.net |                          |
- Warm-ups:**
- Warm-ups will be conducted IAW the current STSI Safety Guidelines and Warm-up Procedures noted on page six (6)
  - The adjacent Walker NORTH ↑ pool will be available for constant warm-ups and cool downs
- Unaccompanied Swimmers**
- Any swimmer entered in this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or just start each race from within the water without the use of a backstroke ledge.
  - When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Photographs And Videos:**
- No team or parent photographers will be allowed on deck.
  - In the event such media personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups
  - Media photographers and videographers are prohibited from the area immediately behind the starting blocks
- Special Needs:**
- Please notify the NEISD Aquatic Center (210-356-6925) in advance of this event with the name and age of any member on your team who needs assistance to enter the building.
  - The Facility Staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.
  - In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105.
  - A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.
  - Coaches and / or athletes must notify the Meet Referee by the end of warm-ups if they are to be considered to be judged under Article 105 and / or if any specialized equipment is required.
- Time Trials:**
- None!
- Timers and Lap Counters:**
- Competitors in the 1650- and 500-yard freestyles must provide their own backup timers and lap counters as necessary*
  - SPECIAL NOTE:** Swimmers who may wish to obtain SWIMS-eligible splits at the 1000-yard intermediate distances, in the 1650-yard freestyle must ensure coordination with the Meet Referee beforehand
  - They must also ensure there are three manual backup timers on hand should there be a touch pad failure
  - Swimmers who wish to record SWIMS-eligible times at the intermediate distances during the 1650-yard freestyle, must, *by rule, complete the entire event*
- Officials:**
- All currently (2023 or 2024) certified / registered and in-training USA Swimming officials are cordially invited to assist in the conduct of this meet
  - The uniform for officials is white collared shirts or blouses over khaki trousers, Bermuda-length shorts, skirts or capris
  - No short shorts, jeans or flip-flops, please
  - Wearing of name tags is strongly encouraged
  - Please report to the Meet Referee in the Walker ↑ Conference Room at 0800 to receive assignments





# NO PURSES. NO BAGS.

## NEISD BAC PURSE/BAG POLICY



### Prohibited Bags

PROHIBITED ITEMS INCLUDE, BUT ARE NOT LIMITED TO:

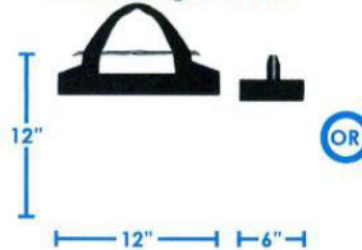
- All purses, bags or containers larger than a small clutch bag
- Backpacks
- Binocular case – Binoculars may be worn around the neck
- Briefcases
- Camera bags
- Cinch bags
- Computer bags
- Coolers
- Fanny packs
- Luggage of any kind



### Approved Bags

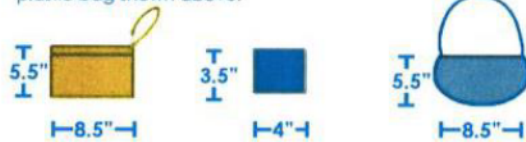
**CLEAR TOTE**  
Plastic, vinyl or PVC – not exceeding 12" x 6" x 12"

**PLASTIC STORAGE BAG**  
Clear, one (1) gallon, re-sealable



OR

**SMALL CLUTCH PURSE**  
Approximately the size of your hand, but absolutely no larger than 5.5" x 8.5" (see our small guide sheet) with or without a handle or strap. Can be carried separately or within an approved plastic bag shown above.



To enhance public safety, Blossom Athletic Center has modified its security policy by limiting the size and style of bags allowed into events.

An exception will be made for medically necessary items after proper inspection at a gate designated for this purpose. Please limit the number of items you bring to the stadium on event days.



Order of events and <u>Minimum</u> Qualifying Times / Distances are in Yards					
Event Number	Age Group	Stroke	Distance	Girl's Equal to or Faster Than:	Boy's Equal to or Faster Than:
<b>1</b>	10 & U	<b>I-M</b>	<b>200</b>	3:38.49	3:35.49
	11 & 12			3:00.19	2:57.29
	13 & 14			2:49.79	2:39.99
	15 & 16			2:46.79	2:31.69
	17 & 18			2:44.39	2:27.69
<b>2</b>	10 & U	<b>BACK</b>	<b>200</b>	---	---
	11 & 12			2:56.59	2:51.99
	13 & 14			2:46.79	2:36.29
	15 & 16			2:42.99	2:27.99
	17 & 18			2:39.79	2:24.89
<b>3</b>	10 & U	<b>FLY</b>	<b>200</b>	---	---
	11 & 12			2:59.99	2:53.19
	13 & 14			2:48.99	2:38.19
	15 & 16			2:45.29	2:31.29
	17 & 18			2:43.49	2:27.49
<b>4</b>	10 & U	<b>I-M</b>	<b>400</b>	---	---
	11 & 12			6:24.19	6:13.09
	13 & 14			6:03.59	5:41.49
	15 & 16			5:55.89	5:26.99
	17 & 18			5:51.19	5:19.89
<b>5</b>	10 & U	<b>BREAST</b>	<b>200</b>	---	---
	11 & 12			3:20.89	3:14.09
	13 & 14			3:10.89	2:56.59
	15 & 16			3:05.99	2:48.19
	17 & 18			3:03.79	2:43.29
<b>6*</b>	10 & U	<b>FREE*</b>	<b>500*</b>	8:25.39	8:16.69
	11 & 12			7:08.79	6:57.29
	13 & 14			6:47.79	6:26.59
	15 & 16			6:40.59	6:10.59
	17 & 18			6:35.69	6:02.19
<b>7*</b>	10 & U	<b>FREE*</b>	<b>1650*</b>	---	---
	11 & 12			24:53.99	24:21.89
	13 & 14			23:23.49	22:18.89
	15 & 16			23:05.19	21:35.39
	17 & 18			22:48.49	21:08.59

\*Competitors must provide their own Backup Timers and Lap Counters. Swimmers who may desire to have their 1000-yard split recorded in the 1650-yard Free must make the necessary arrangements with the Meet Referee well before the start of the event and remember the entire 1650-yard distance must be completed.

Competitors in the 500 and 1650-yard Freestyles must positively check-in at 0800 and 0900 respectively



# SOUTH TEXAS SWIMMING, Inc.

## Safety Guidelines and Warm-up Procedures

### A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
  - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
  - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
  - c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

### LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
10 Lanes	0 and 9	1 and 8	2 through 7
8 Lanes	1 and 8	2 and 7	3 through 6

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
  - b. Push/Pace lanes will push off one or two lengths from starting end.
  - c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
  - d. There will be no diving in the general warm-up lanes—circle swimming only.
  - e. No kickboards, pull buoys, or hand paddles may be used.
- III. Safety Guidelines
- a. Coaches are responsible for the following:
    1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
    2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
    3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
  - b. The host team will be responsible for the following:
    1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
    2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
    3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
    4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
    5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
    6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

### B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

*NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.*

STSI Safety Guidelines and Warm-up Procedures last Revised 09/01/2022

